



" IF ANYONE WANTS TO BE A FOLLOWER OF MINE, LET HIM RENOUNCE HIMSELF AND TAKE UP HIS CROSS AND FOLLOW ME.  
FOR ANYONE WHO WANTS TO SAVE HIS LIFE WILL LOSE IT;  
BUT ANYONE WHO LOSES HIS LIFE FOR MY SAKE, AND FOR THE SAKE OF THE GOSPEL WILL SAVE IT. ( MARK 8: 34-35)