

HEALTH BRIEFS

25 000 infected with HIV

The number of HIV positive people in Swaziland has increased to 25 000 and is expected to double by 1997, the country's National AIDS office said. The government warned the problem was very serious given the fact that Swaziland has a small population.

First vaccine against malaria

Colombian and Spanish scientists have developed the first vaccine against malaria. The vaccine called SPf66 was tested on 1 548 volunteers and more than 40 percent were protected from the disease. Malaria, which is caused by certain

mosquitoes, kills about 3.5 million people worldwide each year.

International Day of Action

Marches, rallies, seminars, conferences and many other events in countries around the world have been organised for International Day of Action for Women's Health on May 28. Women's, health and other organisations will focus on the right to proper health care for women, unwanted teenage pregnancies,

contraception and the right to safe and legal abortions.

Drink water, it'll keep you away from the dentist

Water, it seems, is best for your teeth. In an experiment done by a Sunday newspaper pure fruit juices were found to be as bad for your teeth as Coke and Diet Coke. Four white teeth were placed in different drinks; Coke, Diet Coke, Liquifruit and water for 48 hours. The one in water was normal while the other three were blackened. It is the acid, not the sugar, that causes the damage to teeth.

Information from local and international publications



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