

# AIDS Resource List

The following organisations are involved in AIDS work. The list is not exhaustive. It covers those organisations that responded to a letter circulated by Critical Health.

## AIDS Education and Training (AET)

AET services involve:

- \* action planning - our consultant meets key company personnel to brainstorm and advice on issues such as selection of educators, educational media, programme planning, condom distribution, HIV testing and STD services
- \* workshops to train AIDS educators and counsellors (peer and professional);
- \* "refresher" workshops for educators and counsellors;
- \* training AIDS Programme Co-ordinators;
- \* workshops for medical staff and first aiders; and
- \* a standard, user friendly, educational package including a flipchart designed for illiterate groups.

Susan Hyde or Sharon White

Tel: (011) 726 1495 · Fax: (011) 904 1404

## African Research and Educational Puppetry Programme (AREPP)

AREPP is an educational trust whose aim is to provide educational puppet theatre and training workshops concerning issues related to the environment and physical well being of the community.

Gary Friedman

P O Box 51022 , Raedene, Johannesburg 2124

Tel: (011) 483 1024                      Fax: (011) 483 1786

## AIDS Outreach

AIDS Outreach is a church-based organisation, concentrating in the following areas:

- \* Counselling
- \* Training of AIDS Counsellors
- \* AIDS education
- \* Employer/employee work policies

Grant D. Muhl

6 Paarlkop Street, Eastvale Springs · PO Box 14040, Dersley Park, 1569

## AIDS Training, Information & Counselling Centres (ATICC)

The mission statement of the ATICC is to enable and equip the community, within set geographical boundaries, to deal effectively with HIV and AIDS. ATICC's goal is to provide HIV/AIDS training, information, counselling and support to the community.

We train members of the community who have been identified as role players to become educators and lay counsellors. We give input to other training programmes and educate the general public. In the area of counselling we provide pre-and-post test HIV counselling, ongoing counselling and support and counselling and outreach support services. ATICC also provides information on a personal and non-personal level, marketing, networking, research, testing and distribution of condoms.

**ATIC Regional Addresses:****Bloemfontein**

Dr A. Hiemstra or Daleen Raubenheimer

PO Box 3704, Bloemfontein 9300

Tel: (051) 405 8544/28 Fax: (051) 304 573

**Brakpan**

PO Box 15, Brakpan 1514 · cnr. Park Street and Kingsway Avenue, Brakpan 1514

Tel: (011) 741 2259 Fax: (011) 741 2262

**Cape Town**

Dr M Popkiss or Mrs T. van der Velde

PO Box 2815, Cape Town 8000

Tel: (021) 400 2628/3400 Fax: (021) 251 497

**Durban**

Vicci Tallis

PO Box 2443, Durban 4000 · 9 Old Fort Road, Durban 4000

Tel: (031) 300-3104/3020 Fax: (031) 300 3030

**East London**

Rose Hegner

PO Box 134, East London 5200 · 39 Cambridge, East London 5201

Tel: (0431) 342 382 or 439 743 Fax: (0431) 342 383

**Empangeni**

Mr van der Westhuizen or Mr Steffen

PO Box 115, Empangeni 3880 · Tel: (0351) 21131

**Johannesburg Community AIDS Information and Support Centre**

Clive Evian

PO Box 1477 Johannesburg 2000 · 17 Esselen Street, Hillbrow 2001

Tel: (011) 725 6719 (hotline) Fax: (011) 403 1069

**Kimberley**

R. van der Merwe

Private Bag X5030, Kimberly 8300 · Louis Rame Building, Stockdale no. 5 Kimberly 8300

Tel: (0531) 806911 Fax: (0531) 31005

**Klerksdorp**

PO Box 99, Klerksdorp 2750 · cnr. Park Street and Kock Street, Klerksdorp 2750

Tel: (081) 462 2151 or 464 1371 ext 2101

**Nelspruit**

P. van Brakel or Hennie Peters

Nelspruit Town Council, PO Box 45, Nelspruit 1200

Tel: (01311) 592 159 Fax: (01311) 592 070

**Pietermaritzburg**

Rose Smart

PO Box 89, Pietermaritzburg 3200 · 42 Havelock Road 3200

Tel: (0331) 942 111 or 943 101 Fax: (0331) 423245

**Pietersburg**

Mr Herbi Smith

PO Box 111, Pietersburg 0700 · 16 Palm Centre, 23 Grobler Street, Pietersburg 0699

Tel: (01521) 914 962 Fax: (01521) 914 744

**Port Elizabeth**

Dr F. E. Carstens or Dr du Plessis

PO Box 293, Port Elizabeth 6000

**Pretoria**

Dr Conradie or Ms Reggie Stighling  
PO Box 234, Pretoria 0001 · K1202, 1st floor Munitoria 0001

**Queenstown**

Ms M. Schelver  
Private Bag X7111, Queenstown 5320

**Vanderbijlpark**

Dr Louw or Dr van der Walt  
Vanderbijlpark Town Council, P O Box 3, Vanderbijlpark 1900  
Tel: (016) 31 2820 Fax: (016) 33 5410

**Witbank**

Hennie Venter or Johan Hattingh  
Health Services, Witbank City Council, P O Box 3, Witbank 1035 · President Avenue 1035  
Tel: (0135) 906 911 or 906 204 (direct line) Fax: (0135) 906 207

**Baragwanath Maternity Hospital HIV Clinic**

This clinic provides AIDS information, counselling, HIV testing and medical care for HIV positive pregnant women and their infants. The clinic also provides a supportive environment in which women can discuss their concerns and problems in group sessions. These sessions involve women in discussing methods of self-care and approaches to informing their friends and relatives. The clinic also strives to educate women about various topics connected to HIV-infection. Township AIDS Project puts on a video or a slide tape show on prevention and care, every morning.

Dr James McIntyre (Obstetrics) or Dr Glenda Grey (Paediatrics)  
Dept. of Obstetrics and Gynaecology, Baragwanath Hospital, PO Bertsham 2013  
Tel: (011) 938 1534 Fax: (0111) 938 1534

**Community AIDS Information and Support Centre (CAISC)**

Aims of the organisation include:

- \* information and education on HIV and AIDS;
- \* HIV testing and pre and post test counselling of people relating to HIV and AIDS;
- \* telephone information line (725 6710);
- \* media production (AIDS poster, leaflets, etc).

Services are available to all residents of Johannesburg, private sector health care workers, NGO and community groups working in AIDS and related fields, local authorities and state structures.

Details of current programmes:

- \* Talks, lectures and workshops on HIV and AIDS
- \* Theatre-acting troupe doing popular theatre on AIDS prevention ·
- \* AIDS awareness using mass media and Johannesburg buses
- \* Counselling for HIV tests (counselling by appointment)
- \* Treatment of sexually transmitted diseases
- \* Production of posters and pamphlets on HIV and AIDS

PO Box 1477, Johannesburg 2000 · 17 Esselen Street, Hillbrow 2001  
Tel: (011) 725 6710 (hotline) Fax: (011) 403 1069

**Friends for Life**

Friends for Life is a non-governmental, non-discriminatory, non-profit, voluntary organisation. We offer emotional, practical and moral support to people affected by and living with HIV and

AIDS. We have trainee volunteers who offer home and hospital visits, household chores, shopping or just being a friend. We also provide food parcels when necessary.

PO Box 17165, Hillbrow 2038

Tel. (011) 922 4000 (code SM13)

### **Funlab: Nick Aidsbuster**

Aidsbuster's aim is to stimulate popular action conducive to victory over AIDS facilitated through marketing Aidsbuster products and services.

PO Box 17222, Hillbrow 2038

Tel: (011) 725 2381

Fax: (011) 725 2381

### **Jenni Gillies and Associates: Consultants in Workplace Wellness**

A) Development of Strategies to manage AIDS and HIV at the workplace

- \* Policy Development
- \* Education at all levels in the organisation to create a climate which will assist the company to manage this disease at the workplace. This includes: management presentation; education sessions for all levels; workshops for managers on handling AIDS and HIV at the workplace; attitude change workshops

B) Development and implementation of employee assistance programmes as an effective management tool to enhance performance

- \* Administration systems to measure performance improvements
- \* Training of EAP co-ordinators
- \* Training of managers and supervisors

10 Tenth Avenue, Parktown North, Johannesburg 2193

Tel: (011) 7884271

Fax: (011) 7884271

### **HIVES: HIV Education and Support Group (East Rand)**

This non-government organisation was initiated in 1991 in Brakpan. There are now Springs, Heidleberg and Tsakane groups as well. There is close networking with Life Line (ER), Hospice (ER), Compassionate Friends (ER), AIDS Outreach, FER Hospital, Pholosong Hospital, St Francis Hospice, Brakpan, Springs and Heidleberg health departments.

Aims and Objectives:

To facilitate the education of the public and to support those affected and infected by HIV by

- \* initiating and undertaking educational programmes;
- \* upholding the dignity and rights of persons with AIDS or HIV and their partners, families and caregivers by abiding by the AIDS and HIV Charter.

There are about 15 trained counsellors. Some have had Life Line training as well. The group has been instrumental in the training of nurses in the above-mentioned health departments and hospitals and hospices, and was a major factor in the establishment of an ATIC on the East Rand.

Patricia Sills (011) 741 2261 or H Grove (011) 741 2259

c/o Health Department, Town Council of Brakpan, P O Box 15, Brakpan 1540

### **HIVES Counselling and Support**

Hettie (011) 741 2263 (mornings), Selest (Geluksdal), Maria & Lydia (Tsakane) 738 1003,

Jenny 818 5068

### **AIDS Outreach**

Grant (011) 816 1296

**LifeLine**

(24 Hours Service) (011) 54 0088

**Hospice (ER)**

Petra (011) 422 1530/2

**Human Sciences Research Council (HSRC): Focus Group Health Care**

The HSRC's mission is to conduct and promote research with a view to finding workable solutions for human problems, in order to help establish a just and sound society.

We aim at:

- \* improving health in Southern Africa through research and consultation;
- \* researching all aspects of health care; and
- \* ensuring community participation in research.

**Living in Hope**

Aims:

- \* to offer effective education in the form of one-day courses to companies throughout the country, highlighting for their employees the dangers and repercussions involved in the spreading of HIV and emphasising the cost-effectiveness and value to companies of maintaining the health of employees who are HIV positive;
- \* to provide a self help organisation for people with a positive diagnosis of HIV and those who are affected by HIV infection;
- \* to inform people of the advantages of early intervention of an holistically based health care approach, in conjunction with allopathic health treatment and monitoring, which treats HIV as a chronic, manageable condition;
- \* to establish a community-based monthly newsletter which will provide information for people affected by HIV infection, irrespective of gender, race, social status or sexual orientation, as a means of combating the isolation and anxiety often encountered by individuals with HIV

Vincent Veal

9 South Street, Bellevue East, Johannesburg 2198

Tel: (011) 487 1607 Fax: (011) 648 5310

**Macmillan Boleswa**

A set of 18 narratives for standard four to matric have been published. They all illustrate real life situations where HIV has made an impact on the lives of individuals and the community. Accompanying the books are teachers' guides with lesson ideas. In order to prepare teachers for sexuality education in the classroom, Macmillan Boleswa runs three day seminars for groups of teachers. Seminars cover STDs, AIDS prevention, prejudice, with particular reference to sexuality, living positively, issues of adolescence, essential life skills, networking and involving parents.

PO Box 32484, Braamfontein 2017

Tel: (011) 339 2935 Fax: (011) 403 1627

**The Planned Parenthood Association of Southern Africa (PPASA)**

The PPASA is an independent organisation which strives to bring the principles of planned parenthood, reproductive health and responsible sexuality, primarily to the youth and young adults of South Africa, so that as individuals they are empowered to make informed choices about these matters.

We will achieve this by involving and challenging the media, government and other

policy and opinion makers to ensure that comprehensive reproductive health services and education are provided for all. We will also work with, challenge and empower individuals, groups and communities to address these issues themselves and to this end we will involve ourselves primarily with training others. We will initiate and facilitate model programmes and provide information, training and research.

We are also committed to the training and development of staff so that they can fulfil their professional role within the organisation. We recognise and will promote the inextricable links between the world's population, the environment and the allocation of natural resources, so that all can work together towards achieving a balance between human numbers, human needs and the natural environment. We are committed to adapting to the needs of a changing South Africa.

**National Office:**

Mr Tsietsi Maleho, Mrs Gail Brittain, Mr A. Wilson  
PO Box 8687, Johannesburg 2000 · cnr Smit and Biccard Street, Braamfontein 2001  
Tel: (011) 339 1361/2 Fax: (011) 339 2205

**Branch offices****Cape Town**

Mrs A van Esch  
Unit 8A, The Waverley, Dane Street, Mowbray 7700  
Tel: (021) 448 7312 Fax: (021) 448 7320

**Durban**

Mrs P Kozik  
PO Box 49471, Qualbert 4078 · 320 West Street, Durban  
Tel: (031) 305 2588 Fax: (031) 307 3500

**Johannesburg**

Ms T. Ndong (Acting)  
3rd Floor, Marlborough House, 60 Eloff Street, Johannesburg 2001  
Tel: (011) 331 2695/6/7 Fax: (011) 331 7777

**Port Elizabeth**

Mrs E. Lindoor  
39 Fettes Road, North End, Port Elizabeth 6001  
Tel: (041) 34 3003 Fax: (041) 34 3319

**Lenasia**

Mrs J. Suleman  
JISS Centre, P O Box 344, Lenasia 1820  
Tel: (011) 852 3502 Fax: (011) 852 3502

**National AIDS Research Programme of the Medical Research Council**

The Programme will conduct research and disseminate relevant information with the purpose of helping to reduce the transmission of HIV infection and contain and reduce the impact of HIV illness. This would involve:

- \* understanding of the epidemiology of HIV/AIDS and the vulnerability of individuals and society to HIV infection;
- \* assessment of HIV prevention strategies and programmes;
- \* assessment of the social, political and economic impact of HIV infection among individuals and society, including health and welfare services and the informal and formal sectors; and
- \* evaluations of medical, psycho-social and welfare programmes for HIV infected and

affected individuals.

**Branches:**

**Western Cape**

Ms Cathy Mathews

P O Box 19070, Tygerburg 7505

Tel: (021) 938 0453 Fax: (021) 938 0342

**Natal**

Mrs Quarraisha Abdool Karim

P O Box 17120, Congella, 4013

Tel: (031) 25 1481 Fax: (031) 25 8840

**Transvaal**

Dr Malcolm Steinberg

P O Box 1038, Johannesburg 2000

Tel: (011) 725 6551/2 Fax: (011) 725 3009

**National Progressive Primary Health Care Network (NPPHCN)  
National AIDS Programme (NAP)**

Objectives:

- \* to raise awareness of AIDS and develop prevention programmes
- \* to improve the AIDS component of primary health care services
- \* to encourage and pressure government to provide good quality health services and curative care for people with AIDS, as well as to supply condoms
- \* to develop community support structures for people with AIDS

9 Floor, Cavendish Chambers, 183-185 Jeppe Street, Johannesburg 2001

Tel: (011) 337 7126 Fax: (011) 337 9206

**Soweto Eldorado Lenasia AIDS Forum (SELEF)**

Networking, planning and advocacy organisation for all NGOs and health services working in HIV/AIDS in the south west Johannesburg area.

Dr James McIntyre

c/o Dept. of Obstetrics and Gynaecology, Baragwanath Hospital, PO Bertsham 2013

Tel: (011) 938 1534

**Support for AIDS Families and Orphans (SAFO)**

This organisation, based in Soweto, offers psychological and practical support to women, children and families affected by HIV/AIDS. SAFO provides bereavement and death counselling in the absence of the extended family. SAFO also assists the most disadvantaged women become self sufficient, for instance, by encouraging and helping them set up vegetable gardens.

Claire Fleming Tel: (011) 6789908

**Township AIDS Project (TAP)**

TAP is a community based organisation involved in AIDS awareness, research, legal assistance, training of counsellors and in pre and post-test counselling. A member of TAP is involved in the antinatal HIV-clinic at Baragwanath Hospital and has a special interest in women and HIV/AIDS.

Ipelegeng Community Centre, Crossroads, White City Jabavu. Tel: (011) 982 1016

# Some Books To Read

Critical Health has received a number of publications on HIV/AIDS from publishers and friends. This is not a comprehensive reading list, and some of the books may, as yet, not be available in South Africa. The books listed here provide a range of approaches to dealing with the problem of HIV, from the entertaining educational Roxy Comic to other literary, sociological and more clinical pieces.

## **Women, AIDS and Activism**

Marion, Banzhaf (et al) (eds) .

ActUp/New York women AIDS Book Group, 1990

A comprehensive and progressive book about women and the Aids epidemic. It contains an informative discussion of safer sex and sexuality, HIV testing, treatment and drug trials, public policy and activism. It also looks at issues specific to lesbians, heterosexuals, bisexuals, sex workers, intravenous drug users, teenagers, mothers and women in prisons.

## **Women and HIV/AIDS: an International Resource Book**

Marge Berer (ed).

Pandora Press, London, 1993

More than a resource book. This book gives personal accounts from women with HIV, and deals with topics such as safer sex, women's reproductive health, sexuality and sexuality education, gender relations and other issues of relevance to women, such as motherhood and HIV/AIDS. A comprehensive appendix, providing a list of organisations involved in HIV/AIDS work worldwide.

## **Primary AIDS Care**

Dr Clive Evian.

Jacana, Johannesburg, 1993

Evian's book provides a comprehensive guide to primary health care personnel including nurses and doctors, with a step by step approach to the symptomatic care of people with AIDS. The book has an accessible page layout and gives a clear explanation of the stages *in the transmission of HIV*. *Evian has produced a volume which may also be of great value to the families and friends of HIV positive people, not only in their domestic involvement in caring for their kin, but also in their engagement with health personnel.* This publication also provides a countrywide resource list of organisations involved in education, care and treatment of HIV positive people.

## **We miss you all: AIDS in the family**

Noerine Kaleeba.

Women and AIDS Support Network 4 (WASN), Harare, 1991

A moving personal account by Ugandan, Noerine Kaleeba, who experiences the death of her husband from AIDS. She records the challenge she took up, in defiance of her community's prejudice, to become involved with HIV positive people in setting up an AIDS counselling and care programme.

## **The Hidden Cost of AIDS: the challenge of HIV to development**

Panos.

The Panos Institute, London, 1992



Panos examines the economic, demographic and social implications of AIDS throughout Africa, where the AIDS epidemic is most acute.

**Triple Jeopardy: Women and AIDS**

Panos.

The Panos Institute, London, 1990

Here, Panos explores the implications of the HIV epidemic for women, their children and their families. Women in dozens of countries describe how AIDS is disrupting families and communities, and highlight the steps which women are taking to protect themselves and those close to them.

**Women, AIDS and Communities: a guide for action**

Gerry Pearlberg.

Women's Action Alliance and Scarecrow Press, 1991

This book aims to encourage service providers and advocates at women's centres and other organisations to become involved in providing AIDS related services, information and education for women. It provides an overview of the information, resources and support necessary to begin such a service.

**A Shallow Pool of Time: an HIV positive woman grapples with the AIDS epidemic**

Fran Peavey.

New Society Publishers, 1990

A deeply moving description of Fran Peavey's experiences of isolation, rejection, anxiety, fear, sadness, anger, prejudice and social hysteria as result of her HIV status. By telling her story with openness, she diffuses the politics of AIDS by showing how the AIDS epidemic has an effect on everyone.

**Roxy Comic**

National Progressive Primary Health Care Network (NPPHCN) and  
Medical Research Council (MRC)

AIDS prevention education for youth, done in an entertaining way, sensitive to a complex culture of sexuality among black South African youth, gay and straight. A useful addition to personal collections of Mills and Boons or photo romances. 'Roxy' should be on every school library shelf, and on every teacher's desk.

**Positive Women: voices of women living with AIDS**

Andrea Rudd and Darien Taylor (eds).

Second Story Press, Toronto, 1992

An anthology of personal experiences including poetry, private notes and diary entries, sketches, public addresses and recorded conversations of women across the globe. This book captures a range of experiences and the creative ways in which women cope with HIV. A beautiful and informative reading.