



The Constitution says that I have a right to dignity and access to health care services.

I SHOULD:

- ✓ Book early to attend a maternity clinic to check whether my baby and I are healthy.
- ✓ Ask to be counselled for an HIV test. Nurses usually check for Syphilis and blood groups, not HIV.
- ✓ Be tested for HIV. My baby can be infected. Knowing my HIV status means I can try and protect my baby and my own health.
- ✓ Choose to ask my partner to come for HIV counselling and testing.

SHOULD MY TEST RESULT BE POSITIVE, I MUST INSIST ON:

- ✓ AZT/ NEVIRAPINE — it can save my baby from HIV.
- ✓ Formula milk (if I choose not to breastfeed) — breastfeeding could put my baby at risk of being infected with HIV after birth.
- ✓ Proper follow-up, monitoring and treatment by a doctor at all times.

I HAVE THE RIGHT TO SUPPORT FOR ANY DECISION I MAKE REGARDING MY PREGNANCY.

WHETHER I TEST NEGATIVE OR POSITIVE, I HAVE THE RIGHT TO INSIST ON USING CONDOMS AND SAFER SEX AT ALL TIMES WHEN HAVING SEXUAL INTERCOURSE.

TAC

TREATMENT ACTION CAMPAIGN

For more information contact your local doctor/nurse, or call the Treatment Action Campaign (TAC) offices:

NATIONAL OFFICE: PO Box 10812, Johannesburg 2000

Tel: 011-833 2902 Fax: 011-834 3416

JOHANNESBURG: PO Box 31104, Braamfontein 2017

Tel: 011-403 7021 Fax: 011-403 2106

DURBAN: 717 Colonial Building, 330 West Street (off Mark's Lane), Durban 4001 Tel/fax: 031-304 3673

CAPE TOWN: Town One Properties, Sulami Drive, Site B, Khayelitsha Tel: 021-364 5489 Fax: 021-3617051

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